## Get More Food with SNAP!

Don't have SNAP? If your children are U.S. citizens, you can apply for SNAP for your children.

SNAP provides benefits to increase your family's food budget!







## **Have SNAP? You also have HIP!**

HIP is extra \$\$ for fruits and vegetables at certain farmers' markets and farm stands

Use your EBT card at HIP locations.

Find open HIP locations here:

<u>buylocalfood.org/open-hip-locations</u>

and GET FRUITS AND VEGETABLES FOR FREE!

Visit mass.gov/snap
Or call:

Food Bank of Western MA: 413-992-6204 Project Bread Hotline: 1-800-645-8333

## Does Your Income Make You Eligible for SNAP?

Number of Family Members in Your House	Gross Monthly Income (Total Monthly Income)
1	\$1,383
2	\$1,868
3	\$2,353
4	\$2,839
5	\$3,324
6	\$3,809
7	\$4,295
8	\$4,780
Each Additional Member	+\$486

SNAP Income Eligibility Limits - Oct. 1, 2020, through Sept. 30, 2021

- This table shows the income you must meet in order to receive SNAP. The numbers listed may change yearly.
- In most cases, your total household income must be at or below the gross (total) income level.
- Gross income is how much money everyone in your household makes, total.
- To see if you are eligible for SNAP, or for help applying, call the Food Bank of Western MA at 413-992-6204.

